



Annual Conference

Register Now!

LEVEL 1: Fundamentals of Clinical Hypnosis

May 5th-7th, 2023
May 5th virtual, May 6th-7th in person

REGISTER
HERE

SPECIAL TOPICS: The Taming Anxiety Toolbox Carolyn Daitch, PhD

June 15th-17th, 2023
virtual and in person options available

REGISTER
HERE

Amherst H. Wilder Center
451 Lexington Parkway North St. Paul, MN

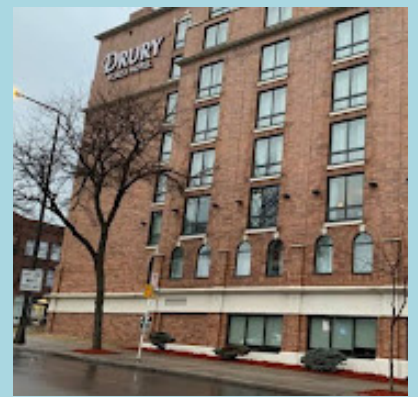
NEARBY HOTEL OPTIONS



The Saint Paul Hotel
350 Market Street
Saint Paul, MN
(651) 292-9292



Hilton Garden Inn
Minneapolis University Area
511 Huron Blvd. SE
Minneapolis, MN
(612) 504-3000



Drury Plaza Hotel St.
Paul Downtown
175 10th St. E., St. Paul,
MN 55101
(651) 222-3337

QUESTIONS? **CONTACT US**

deb@msch.us
www.msch.us

The following CE hours are anticipated to be approved by the American Society of Clinical Hypnosis, the MN Board of Marriage and Family Therapy, and the MN Board of Psychology:

Level 1 Training- 21.5 CE hours
Special Topics Training- 15 CE hours

Annual MSCH Workshops in Clinical Hypnosis

June 15th- 17th

A 3-day course for licensed health and mental health professionals to strengthen and expand their skills in the use of hypnotic language, principles and techniques to increase the efficacy of their work. Previous hypnosis training is required.

AUDIENCE: health professionals who have had previous formal training in clinical hypnosis. Participants should have previous experience in performing hypnotic inductions and facilitating hypnotic phenomena.

The Taming Anxiety Toolbox: An Integrative Approach

Based on hypnosis, mindfulness and cognitive behavioral approaches, this workshop will provide an integrative treatment model that has specific and individualized applicability to a broad array of anxiety disorders and related conditions including panic, generalized anxiety disorder, social anxiety, post-traumatic stress disorder and obsessive-compulsive disorder. It will also include a discussion of how anxiety affects relationships. Participants will be able to apply practical interventions to patients who experience anxiety and stress. Mental health and medical professionals can enhance their sensitivity to such patients, as well as expand their intervention repertoire because of this course. The Toolbox provides practical, easy-to-use tools that Dr. Daitsch has employed successfully with her patients for decades.



FEATURING DR. CAROLYN DAITSCH

Dr. Carolyn Daitsch is an internationally renowned psychologist, trainer, author, and presenter who teaches individuals and groups to recognize and manage stress and anxiety. Dr. Daitsch is frequently invited to speak about anxiety and affect regulation at international conferences and as a keynote speaker. Her work has earned her numerous awards from professional organizations. Dr. Daitsch is a certified and approved consultant and an elected fellow with the American Society of Clinical Hypnosis. She was recently presented the Crasilneck Award for extraordinary efforts as a leader, educator, and communicator by the American Society of Clinical Hypnosis.

Agenda

*all times in Central Standard Time

TOTAL CEU: 15 HR (2 for Thursday, 13 for Friday/Saturday)

Thursday, June 15, 2023

6:00PM - 9:00PM

Online on Zoom

6:00 - 6:30	MSCH Board Meeting
6:30 - 8:30	Local Presenter(s)

Friday, June 16, 2023

8:00AM - 4:30PM

Online or In Person

8:00 - 8:30	Breakfast
8:30 - 10:30	Dr. Daitsch
10:30 - 10:45	Break
10:45 - 12:00	Dr. Daitsch
12:00 - 1:00	Lunch Break
1:00 - 2:45	Dr. Daitsch
2:45 - 3:00	Break
3:00 - 4:30	Dr. Daitsch

Saturday, June 17, 2023

7:30AM - 4:45PM

Online or In Person

8:00 - 8:30	Breakfast
8:30 - 10:30	Dr. Daitsch
10:30 - 10:45	Break
10:45 - 12:00	Dr. Daitsch
12:00 - 1:00	Lunch Break
1:00 - 2:45	Dr. Daitsch
2:45 - 3:00	Break
3:00 - 4:30	Dr. Daitsch

This workshop anticipates approval for 15 hours of continuing education by the following boards:

American Society of Clinical Hypnosis
MN Board of Marriage and Family Therapy
MN Board of Psychology