

MINNESOTA SOCIETY OF CLINICAL HYPNOSIS
21ST Annual Rosenthal Retreat
Current Members Only

Laurence I. Sugarman, MD, FAAP, ABMH

Rochester Institute of Technology and University of Rochester School of Medicine & Dentistry (NY)

Hypnotic Lessons from the Neurodiverse: A Hitchhiker's Guide
Reorienting our understanding of mind, trance, hypnosis and how we change

SUNDAY, OCTOBER 9, 2016

9:00 AM – 4:30 PM

LUNCH PROVIDED

DEADLINE FOR REGISTRATION IS MONDAY OCTOBER 3, 2016

Coffee and Registration 8:30 AM – 8:50 AM

Members: \$75 | ***Special Discount available to NEW MSCH Members Only: \$50 | 6 CEUs*

Carondelet Center | 1890 Randolph Avenue | Saint Paul, MN 55105

WORKSHOP DESCRIPTION Exciting interdisciplinary inquiry across disparate fields is enriching our understanding of the processes by which we change our minds. Emerging links between genomics, neuroscience, psychophysiology, cybernetics, *microbiology*, trauma and attachment—to name a few—are forming new frames for therapy, and, necessarily, breaking old ones. Simultaneously, we are experiencing an increase in our appreciation of how *different* minds change differently. Twenty-six years ago the ADA triggered movement towards greater inclusion of the physically “disabled.” With the increasing recognition of autism spectrum disorder comes a more general and less pathological appreciation of the resources and abilities of the neurodiverse. Together, these trends present a synchronous “convergence of convergences,” pushing some paradigm shift in our understanding of health and care. In this daylong presentation, a general pediatrician who has wandered into this predicament in search of tools for helping children help themselves shares what he is discovering about (1) how we create our embodied minds; (2) how we trance-form them; (3) lessons learned in this regard from the neurodiverse; and (4) what this means about our current models of health and care. Using lecture, video, demonstration and discussion we will change our minds together and wonder where we are headed.

LEARNING OBJECTIVES Upon completion of the workshop, participants will be able to:

1. Orient “mind,” “trance,” and “hypnosis” in the context of interpersonal neurobiology and development, listing three implications for how we train in and practice clinical hypnosis.
2. Outline four key features of the autonomic dysregulation hypothesis of autism spectrum disorder and list two therapeutic approaches that stem from this model.
3. Describe how lessons from using hypnosis with the neurodiverse can be expanded into a critique of the legacy “diagnose and treat” model of health and care.



Laurence Irwin Sugarman serves as Research Professor and Director of the Center for Applied Psychophysiology and Self-regulation (CAPS) in the Institute and College of Health Sciences and Technology at the Rochester Institute of Technology; as a behavioral pediatrician at the Easter Seals Diagnostic and Treatment Center, and as Clinical Professor in Pediatrics at the University of Rochester School of Medicine and Dentistry in Rochester, New York. He received his MD with honors from the University of Missouri School of Medicine and completed a residency and Senior Chief Residency in pediatrics at the University of Rochester. For two decades Dr. Sugarman ran a solo, community-based primary care practice. In order to effectively address the myriad psychobiological problems in general pediatrics, he developed an interest in biofeedback training and clinical hypnosis. Through his teaching and writing he has emerged as an international leader in the field of hypnosis and self-regulation with children.

Dr. Sugarman is an Approved Consultant and Fellow with the American Society of Clinical Hypnosis for which he has served as vice-president and co-director of education. He has been a directing member of the teaching faculty for the National Pediatric Hypnosis Training Institute (NPHTI), and is past president of the American Board of Medical Hypnosis. Dr. Sugarman has published numerous papers, audio-recordings, book chapters, and produced an internationally acclaimed video-documentary, *Hypnosis in Pediatric Practice: Imaginative Medicine in Action*. With Dr. William Wester, Dr. Sugarman has co-authored and co-edited the text, *Therapeutic Hypnosis with Children and Adolescents*, now in its second edition. Since coming to RIT to found and direct CAPS, his work has focused on how best to evoke the abilities of young people with autism spectrum and other developmental differences to control their own stress with a combination of computerized biofeedback and hypnotic techniques. He has received many awards and citations for his efforts, the essence of which, he writes, "is exploring and investing in the therapeutic potential of each child's imagination."

Meanwhile, Dr. Sugarman has been a musician longer than he has been a doctor. His recordings of both traditional and original compositions on the banjo have received critical acclaim for both their originality and technical range. He says he would be happy just being a banjoist, but he would probably still need to keep his malpractice insurance.

ROSENTHAL REGISTRATION

Registration Deadline October 3, 2016

Complete and Mail with \$75 Check or NEW Member rate of \$50 to:

MSCH | c/o Deb Schrobilgen | PO Box 755 Prior Lake, MN 55372-0755

OR

Registration online TODAY!

Name	Degree	License#
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E-Mail Address	Phone#
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Please check box if a vegetarian lunch is needed